

## THE PENTLANDS MEDICAL CENTRE

### TRAVEL RISK ASSESSMENT FORM

Please complete this form prior to your travel appointment and return to reception

Personal details						
<b>Name:</b>			<b>Date of birth:</b>			
			Male [ ] Female [ ]			
<b>Easiest contact telephone number</b>						
<b>E mail</b>						
Dates of trip						
<b>Date of Departure</b>						
<b>Return date or overall length of trip</b>						
Itinerary and purpose of visit						
<b>Country to be visited</b>		<b>Length of stay</b>		<b>Away from medical help at destination, if so, how remote?</b>		
1.						
2.						
3.						
<b>Please tick as appropriate below to best describe your trip</b>						
<b>1. Type of trip</b>	Business		Pleasure		Other	
<b>2. Holiday type</b>	Package		Self organised		Backpacking	
	Camping		Cruise ship		Trekking	
<b>3. Accommodation</b>	Hotel		Relatives / family home		Other	
<b>4. Travelling</b>	Alone		With family / friend		In a group	
<b>5. Staying in area which is</b>	Urban		Rural		Altitude	
<b>6. Planned activities</b>	Safari		Adventure		Other	

Personal medical history
Do you have any recent or past medical history of note? (including diabetes, heart or lung conditions, thymus disorder )
List any current or repeat medications
Do you have any allergies for example to eggs, antibiotics, nuts ?
Have you ever had a serious reaction to a vaccine given to you before?
Does having an injection make you feel feint?
Do you or any close family members have epilepsy?
Do you have any history or mental illness including depression or anxiety
Have you recently undergone radiotherapy, chemotherapy or steroid treatment?
<i>Women only:</i> Are you pregnant or planning pregnancy or breast feeding?
Have you taken out travel insurance and if you have a medical condition, informed the insurance company about his?
Please write below any further information which may be relevant

Vaccination History					
Have you ever had any of the following vaccinations / malaria tablets and if so when?					
Tetanus		Polio		Diphtheria	
Typhoid		Hepatitis A		Hepatitis B	
Meningitis		Yellow Fever		Influenza	
Rabies		Jap B Enceph		Tick Borne	
Other					
Malaria tablets					

For discussion when risk assessment is performed within your appointment:  
 I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

**Fee for travel appointment is £25.00 , under 18's free.**

Signed \_\_\_\_\_ Date \_\_\_\_\_

**For official use**

**Patient Name:**

Travel risk assessment performed Yes [ ] No [ ]

**TRAVEL VACCINES RECOMMENDED FOR THIS TRIP**

Disease protection	Yes	No	Further information
Hepatitis A			
Hepatitis B			
Typhoid			
Cholera			
Tetanus			
Diphtheria			
Polio			
Meningitis ACWY			
Yellow Fever			
Rabies			
Japanese B Encephalitis			
Other			

**TRAVEL ADVICE AND LEAFLETS GIVEN AS PER TRAVEL PROTOCOL**

Food water and personal hygiene advice	Travellers' diarrhoea	Hepatitis B and HIV
Insect bite prevention	Animal bites	Accidents
Insurance	Air travel	Sun and heat protection
Websites	Travel Record card supplied	
	OTHER	

**MALARIA PREVENTION ADVICE and MALARIA CHEMOPROPHYLAXIS**

Chloroquine and proguanil	Atovaquone + proguanil (Malarone)
Chloroquine	Mefloquine
Doxycycline	Malaria advice leaflet given

**FUTHER INFORMATION**  
e.g. weight of child

**Signed by:** **Position:** **Date:**

Now scan this form into the patient's record on the computer for evidence of best practice